



DEPARTMENT OF THE NAVY

NAVY PERSONNEL COMMAND
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From: Commander, Navy Personnel Command (PERS-00D1)
To: Distribution

Subj: UNARMED SELF-DEFENSE CORRECTIONS TRAINING

Ref: (a) SECNAVINST 1640.9C

1. Purpose. Implement standardized unarmed self-defense training within the Navy Corrections Program.

2. Background

a. Per reference (a), article 3503.10, unarmed self-defense training is a mandatory component of the corrections in-service training program.

b. Recognizing the need for training standardization, the Center for Security Forces (CENSECFOR), partnering with corrections stakeholders, revised the Corrections Specialist Navy (A-831-001) course curriculum by adopting corrections-unique unarmed self-defense techniques developed by Controlled F.O.R.C.E. Tactical Training Systems.

c. Controlled F.O.R.C.E. Training Systems utilizes a series of Mechanical Advantage Control Holds™ (M.A.C.H.) as its foundation for prisoner control. M.A.C.H. techniques provide the correctional specialist the skills needed to safely and effectively control and restrain an unruly prisoner. By focusing on body movement, leverage, joint manipulation, and mechanical advantage, M.A.C.H. techniques allow correctional staff to control a prisoner with minimum risk of injury regardless of the size or strength of either person.

d. The program of instruction is a certified, 16-hour, 2 day course delivering safe, effective and easy to learn techniques to include M.A.C.H.: body positioning drills, subject control tactics, handcuffing positions, team tactics, breaking up two or more combatants, hand-to-hand disruption techniques, multiple attacks and multiple attackers, knife awareness and defense, and ground defensive escapes. Practical testing follows program delivery.

e. Unarmed self-defense training can only be administered to correctional staff by certified Controlled F.O.R.C.E. M.A.C.H. instructors. Instructors receive additional training in using defensive tactics as they pertain to criminal liability, civil liability, vicarious liability, and searches. Instructor certification is for two years. Controlled F.O.R.C.E. provides each instructor with an interactive compact disk containing lesson plans,

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manuals, and videos featuring enhanced demonstrations that allow the students to review these perishable skills.

f. Since July 2008, students graduating the Corrections Specialist Navy course are trained and certified in Controlled F.O.R.C.E. M.A.C.H techniques. Select staff at the Naval Consolidated Brigs, Miramar and Charleston, and Naval Brig Norfolk have been training and certified as Controlled F.O.R.C.E. M.A.C.H instructors. Ensuring correctional staff trained in Controlled F.O.R.C.E. M.A.C.H techniques at each Navy shore brig is a goal.

3. Policy. Navy corrections shall adopt the corrections-unique unarmed self-defense techniques developed by Controlled F.O.R.C.E. Tactical Training Systems.

4. Action

a. Navy shore brigs without certified Controlled F.O.R.C.E. M.A.C.H instructors shall coordinate with PERS-00D1 and the appropriate consolidated brig training officer for staff training requirements.

b. PERS-00D1 shall monitor and ensure continuity and availability of certified Controlled F.O.R.C.E. M.A.C.H instructors to support unarmed self-defense requirements per reference (a).

5. Applicability. This guidance applies to all Navy shore brigs.

6. Point of Contact. Mr. Jim Adams, PERS-00D1, (901) 874-4868, DSN 882, jim.adams1@navy.mil.


W. E. PECK
By direction

Distribution:
All Navy Shore Brigs

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